

Registration, Waiver & Pledge Form

INSTRUCTIONS: Please complete this form and return it to us on the day of the Walk at Baldwin Lake, Greenville or in Alma. Make checks payable to EightCAP, Inc., 904 Oak Drive, Greenville, MI 48838. Thank you for participating in WALK FOR WARMTH 2010.

Waiver: I know that winter walking can be a potentially dangerous activity. I will not participate in WALK FOR WARMTH unless I am medically and properly instructed. I agree to abide any decision of a walk official relative to my ability to safely complete the walk. I assume all risks associated with walking in this event including, but not limited to falls, contact with other participants, the effects of the weather, including low temperatures and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I grant permission to EightCAP, Inc. to use photographs taken of me at the 2010 Annual Walk for Warmth to be used in Agency Publications. Having read this waiver and photo release and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release EightCAP, Inc. for cities, townships and counties of Gratiot, Ionia, Isabella, and Montcalm and all sponsors, their representatives, successors and all WALK FOR WARMTH committee members from all claims or liabilities of any kind arising out of participation of this event.

Walker's Signature: _____

Parent/Guardian's Signature: _____

WALK Registrant:

Walker's Name:	Walker's Age:	Phone (day):
Address:		Phone (evening):
City/State/Zip:		E-mail Address:
Name of School or Organization Participating in the WALK:		Contact from group, organization or school:

My Pledge: \$ _____

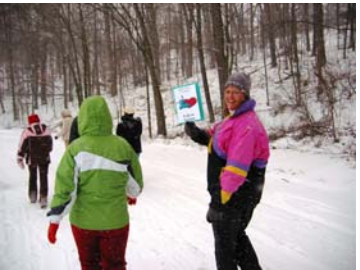
More Pledges:

Name	Address	City	State	Zip Code	Phone	\$ Pledge
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Total Amount Enclosed, Payable to EightCAP, Inc. _____

❖ If you are unable to take part in the Walk 4 Warmth, a monetary donation can be mailed to EightCAP, Inc. Walk for Warmth, 904 Oak Drive, Greenville, MI 48838.

This is your first contact about Walk for Warmth for 2010! Through your efforts last year, over \$19,000 was donated to EightCAP, Inc. for its fourth annual Walk for Warmth (W4W). These dollars were transferred in equal amounts to our Gratiot, Ionia, Isabella, and Montcalm county Community Services offices to help with energy bills, as planned. Thank you!



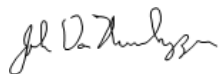
Last year I stated that things were getting worse. Little did anyone realize that things in Michigan could get this desperate, and that so many other states would face similar challenges. Higher unemployment, higher energy bills, and weather extremes are leading to a crucial stage—the winter of 2009-10. The need has never been greater.

Our fifth Walk for Warmth will include two events. The Gratiot/Isabella event will take place on Saturday, February 20, 2010, from 10:30 am to 1:00 pm at Alma First Church of God – His Place. A wintry walk around downtown Alma is planned, ending with a soup/bread/cookie cook-off luncheon at the church. Similarly, an Ionia/Montcalm event will be held on February 27, 2010, from 10:30 am to 1:00 pm at the Mount Calvary Lutheran Church in Greenville with a walk around Baldwin Lake and a soup/bread/cookie cook-off luncheon.

The central area of the state has the highest unemployment rate in Michigan. Many are hurting badly, and hope is a distance off. But this is also the home of many strong people, and knowing how to help each other is one of our greatest attributes.

Please join us in this effort. If your schedule doesn't allow you to attend one of the 2010 Walk events, a direct contact may be made with our office to lend your support.

Put your name on a W4W sponsor mitten today!

Sincerely,


John Van Nieuwenhuyzen
 EightCAP, Inc. President

2009 WALK Statistics



- Received **over \$19,000** in donations
- Assisted **176 people** in Gratiot, Ionia, Isabella and Montcalm counties



Each walker who turns in at least \$35 in pledges on walk day will receive a free W4W t-shirt.

Businesses donating a minimum of \$50 will have their names printed on the back of the W4W t-shirt.

Please dress according to the weather.

Participants are invited to join us for a soup/bread/cookie cook-off luncheon following each of the walks.

Organizations interested in supplying soup are asked to contact Jan Lacy at (616) 754-9315, x3345.

For more W4W information, please call us at (616) 754-9315.

EightCAP, Inc. 5th Annual



WALK FOR WARMTH

**Saturday, February 20th
 10:30 - 1:00 p.m.
 Alma First Church of God-His Place, Alma
 and
 Saturday, February 27th
 10:30 - 1:00 p.m.
 Mount Calvary Lutheran Church,
 Greenville**

Join us for beautiful walks around Baldwin Lake in Greenville & Downtown Alma